

Success Stories



Kari James
Social services coordinator,
SnowCap Community Charities

“ I learned how to listen, how to ask questions and how to respond in a non-judgmental way. I learned to be sensitive to cultural differences and how to look at life from my client’s perspective. It really opened my heart and mind.”

“ It was amazing that they offered me a job during my internship. I think if I weren’t in the program I would not have been given the chance I was given. It’s amazing how much of my education I used in my internship and today.”



Luci Ludlow
Chemical dependency professional
Crossroads Behavioral Health

“ The program provided quality teaching and practicing skills such as counseling and intervention strategies. I understood deeply the theories of youth development, addictions and other subjects that helped me to become a compassionate youth worker.”



Carlos Romero
Latino youth education coordinator,
Northwest Family Services

MHCC offers these advantages:

- Quality education at low cost
- Professional instructors with relevant work experience
- Up-to-date facilities, computers & training equipment
- Small class size
- One-on-one advising
- Flexible class schedules
- Tutoring
- Services for economically disadvantaged & disabled
- Relaxed campus setting
- Free parking
- Convenient access to light rail, buses and I-84
- Choice of many transfer subject areas & career training programs

The district comprises an area of about 950 square miles with a population of more than 270,000. MHCC is accredited by the Northwest Commission on Colleges and Universities and is approved as a veterans training institution by the Department of Veterans Affairs.



MT. HOOD
COMMUNITY COLLEGE
26000 SE STARK STREET · GRESHAM, OR 97030
503-491-6422 OR 503-491-7670 (TDD)
WWW.MHCC.EDU

It is the policy of Mt. Hood Community College that there will be no discrimination or harassment on the grounds of race, color, religion, national origin, gender, age, disability or status as a Vietnam era or disabled veteran in any educational programs, activities or employment. Persons having questions about equal opportunity and nondiscrimination should contact the Office of Student Development and Services at 503-491-7316 or 503-491-7670 (TDD). Accessible formats for people with disabilities are available by calling 503-491-6923 or 503-491-7670 (TDD).

Mental Health / Human Service

Restricted Entry ✓ Associate degree ✓ 1-yr certificate ✓ Transfer



MT. HOOD
COMMUNITY COLLEGE

A career transforming lives

A degree in **Mental Health and Human Service** can lead to a variety of satisfying careers helping others overcome barriers. Workers in this field know mental and emotional health is vital to a happy, fulfilling life. Graduates can work in a wide variety of roles, including:

- >>> **As social workers, counselors or multicultural service providers**
- >>> **In drug and alcohol treatment programs, homeless shelters or schools**
- >>> **In the criminal justice system**
- >>> **Helping domestic violence survivors, homeless youth or the mentally ill**

Graduates consistently report the tremendous amount of satisfaction they experience helping others improve their lives. With such a wide variety of career paths, employment opportunities are excellent, and salaries start at \$11 to \$20 an hour.



Stellar reputation, on-the-job internships

Become a catalyst for positive change through the Mt. Hood Community College Mental Health and Human Service program. This program gives students a firm foundation through:



- >>> **One year of videotaped counseling skills training**
- >>> **Two terms of group counseling theory and practice**
- >>> **Computerized case management skills**
- >>> **Training in confidentiality, ethics and professional boundaries**
- >>> **Child, adolescent, adult and elderly development**

The program also incorporates on-the-job internships that provide valuable work experience. In fact, many graduates are hired by their internship organization. Plus, the Mental Health and Human Service program has a phenomenal reputation in the community, providing graduates even more job connections.

Students can earn an associate degree in Mental Health and Human Service or a program certificate in youth work. Three tracks allow students to specialize their degree:

- >>> **Alcohol/chemical dependency track**
- >>> **Youth worker track**
- >>> **Transfer track:** agreements with local universities allows students to smoothly transfer to the Portland State University Child and Family Studies program and the Concordia University Social Work program to pursue a bachelor's degree.

For more information

Call: 503-491-7178
Email: mhhs@mhcc.edu
Go online: www.mhcc.edu/mhhs

Information sessions are held from October to May, with specific dates available on the Web site.

Frequently Asked Questions

How do I get into the program?

- >>> Apply between November and May to begin in fall term. You can also complete prerequisite classes and some program courses before the fall entry date.

Can I be a part-time student?

- >>> Yes, the program faculty provides extensive, individual advising to work out an education plan.

Will my life experiences be useful?

- >>> Yes, successfully overcoming life challenges can help us relate to others who are experiencing challenges.

What if English is my second language?

- >>> Being bilingual and bicultural is a major asset, and job opportunities are rapidly growing for people with these skills.

